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CONSULTANT CLINICAL PSYCHOLOGIST

Specialization

- *Individual Psychotherapeutics*
- *Cognitive Behavior Therapy*
- *Sex Therapy and Gender Issues*
- *Child Mental Health*
- *School Related Problems*
- *Anxiety & Depressive Disorders*
- *Methods of Stress Management*

Academics

University of Kerala, Thiruvananthapuram, Kerala — Doctorate Degree in Psychology

Ranchi University, Ranchi, Jharghand — Pre-Doctoral Degree in Clinical Psychology

University of Kerala, Thiruvananthapuram, Kerala — Pre-Doctorate Degree in Applied Sciences

University of Kerala, Thiruvananthapuram, Kerala — Masters Degree in Psychology

Highlights

- Over Ten Years' Experience as Clinical Psychologist in Specialty Hospitals
- Expertise in various forms of Psychotherapies and Counseling Techniques
- Proficient in Psychodiagnostic Assessments & Psychological Management
- Specialized in Oriental Meditative Therapies for Anxiety Disorders
- Experienced in teaching Post Graduate students at the University of Kerala

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